



## BICYCLE/SCOOTER USER'S CONTRACT

- I have read the bicycle/scooter information provided and understand the guidelines.
- I have read the bicycle/scooter information provided with my parent/carer and we understand the guidelines.
- I understand that it is a joint responsibility between my parents and me to keep the bike/scooter well maintained with all component parts working correctly.
- I will wear my Standards Australia approved helmet correctly when riding a bicycle/scooter to and from school and when walking my bicycle/scooter through the school grounds.
- I understand that I bring my bicycle/scooter to school at my own risk and will secure it with a lock and chain at the bike rack.
- I am 10 years old or older

Signed: \_\_\_\_\_ (child)

Signed: \_\_\_\_\_ (Parent/carer)

Date: \_\_\_\_\_



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### KINGS LANGEY PUBLIC SCHOOL

### BICYCLE/SCOOTER USER'S CONTRACT

I give permission for \_\_\_\_\_ (child's name) to ride his/her bicycle/scooter to and from school.

- I have read and understand the bicycle/scooter information.
- I have read and explained the bicycle/scooter information provided to my child
- I have reviewed the Guide to Bicycle Maintenance & Scooter Checklist to check my child's bicycle/scooter & the and roadworthiness and understand that it is my responsibility to keep the bike/scooter well maintained with all component parts working correctly.

Principal: Mr Chris Lambert Admin Manager: Mrs Debbie Green

## A Guide to Bicycle Maintenance: Six Point Safety Check

Feature	What are you checking for?	Yes	No
Tyres	<ul style="list-style-type: none"> <li>firm tyres</li> <li>tread not worn and no canvas showing</li> <li>no bulges or cuts</li> </ul>		
Bell	<ul style="list-style-type: none"> <li>rings clearly and loudly</li> </ul>		
Pedals	<ul style="list-style-type: none"> <li>rotates freely when spun</li> <li>rubber not showing signs of wear</li> </ul>		
Lights and reflectors	<ul style="list-style-type: none"> <li>secure, clean and shine brightly</li> </ul>		
Brakes	<ul style="list-style-type: none"> <li>blocks not worn down when brakes applied</li> <li>bike wheel does not rotate when brakes are applied</li> </ul>		
Chain	<ul style="list-style-type: none"> <li>does not move more than 2.5cm when lifted</li> <li>is well oiled</li> </ul>		
Size of bike (see information below)	<ul style="list-style-type: none"> <li>correct size for rider</li> </ul>		

If you answered NO to any of the above questions the bicycle does NOT pass the safety test and must NOT be ridden to school.

### Helmet Safety Check

Helmet	<ul style="list-style-type: none"> <li>Has an Australian and New Zealand Standards (AS/NZ2063) Standard approved sticker.</li> <li>No cracks or chips</li> <li>Straps functioning</li> <li>Correctly fitted</li> </ul>		
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#### What is the right size of bicycle?

The right size of bicycle:

- has controls within reach
- is comfortable for the rider
- has a level seat
- the rider's feet should just touch the ground when the rider is sitting on the seat
- handlebars should allow for the arms to be slightly bent as the body leans slightly forward
- the bicycle is the right size if the rider can straddle the crossbar with both feet flat on the ground, otherwise the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.

## Scooter Checklist

Feature	What are you checking for?	Yes	No
Brakes	<ul style="list-style-type: none"><li>• Brake check regularly as they will wear down</li></ul>		
Edges	<ul style="list-style-type: none"><li>• No sharp edges</li></ul>		
Steering Column	<ul style="list-style-type: none"><li>• Locks easily</li><li>• Won't collapse</li><li>• Isn't too short for you</li></ul>		
Bell	<ul style="list-style-type: none"><li>• Working bell or horn</li></ul>		
Handlebar Grips	<ul style="list-style-type: none"><li>• Don't swivel</li></ul>		
Footboards	<ul style="list-style-type: none"><li>• Anti-skid</li></ul>		

### What to wear

Your child should wear a properly fitted and firmly fastened helmet. It's also a good idea for your child to wear knee and elbow pads and wrist guards – broken wrists are a common scooter injury.